

Name Asker

Recently, your child was observed performing the following locomotor movements for a Standard 1 assessment. I will be reassessing students throughout the year. Mr. Bates

Skill and Task: Running

Level	Criteria
Advanced	Consistently demonstrates correct running technique with a smooth and effortless rhythm, at a variety of speeds.
Proficient X	Runs while demonstrating correct technique (head up, slight forward lean, heel-to-toe landing/push off, knee lift, rear-heel kick, bent arms and relaxed hands).
Limited	Demonstrates an incorrect running technique.

Skill and Task: Skipping

Level	Criteria
Advanced	Consistently demonstrates correct skipping technique with a smooth and effortless rhythm.
Proficient X	Skips while demonstrating correct technique (head up, slight forward lean, step/hop action, opposition of arms and legs).
Limited	Demonstrates an incorrect skipping technique.

Skill and Task: Gallop

Level	Criteria
Advanced X	Consistently demonstrates correct galloping technique with a smooth and effortless rhythm.
Proficient	Gallops while demonstrating correct technique (head up, toes forward movement, pushes off the toes, arms bent, low-flight pattern, legs do not cross over).
Limited	Demonstrates an incorrect galloping technique.

Skill and Task: Hopping

Level	Criteria
Advanced V	Consistently demonstrates correct (one-leg) hopping technique on both right and left leg.
Proficient	Hops on the preferred leg with correct technique (head up, slight forward lean, knee bent to absorb the landing, pendulum action of the non-supporting leg, use of arms to aid momentum).
Limited	Demonstrates an incorrect hopping technique on the preferred leg.

Skill and Task: Jumping

Level	Criteria
Advanced	Consistently demonstrates correct jumping technique both vertically and horizontally.
Proficient X	Jumps while demonstrating the correct technique (head up, slight forward lean, knees bent, takes off using arms to aid momentum up or forward and lands on 2 feet simultaneously).
Limited	Demonstrates an incorrect jumping technique.

Name Asher

Over the past 4 weeks, your child was observed performing the following Standard 2 assessments. I will also be observing them throughout the year.

Mr. Bates

Levels: Move at a high, medium or low level as instructed

Space: Move in self and/or general space as instructed

Distance: Keep an object/person close or further away as instructed

Effort: Throw, push or pull hard or soft as instructed

Speed: Move quickly or slowly as instructed

Level	Criteria
Advanced	Knowledge is consistently demonstrated by performing as instructed when presented with a movement challenge.
Proficient <i>x</i>	Knowledge is usually demonstrated in performance of a movement challenge, though student sometimes needs a reminder of the movements required.
Limited	Knowledge is not demonstrated. Student does not show understanding of movement concepts by performing as requested.